Biographical Sketch

WAYNE KATON, MD
Professor and Vice Chair,
Department of Psychiatry
Director, Division of Health Services
and Psychiatric Epidemiology,
University of Washington
Medical Center
Seattle, Washington

Wayne Katon, MD, is Professor of Psychiatry, Director of the Division of Health Services and Epidemiology, and Vice Chair of the Department of Psychiatry and Behavioral Sciences at the University of Washington Medical School. He is Director of a NIMH-funded National Research Service Award Primary Care-Psychiatry Fellowship that has successfully trained psychiatrists and primary care physicians for academic leadership positions. Dr. Katon is internationally renowned for his research on the prevalence of anxiety and depressive disorders in primary care, the relationship of psychiatric disorders to medically unexplained symptoms such as headache and fatigue, and the impact of depression and anxiety on patients with chronic medical illness. In recent years, his research has focused on developing innovative models of integrating mental health professionals and other allied health personnel into primary care to improve the care of patients with major depression and panic disorder.

Dr. Katon has been awarded the American Academy of Family Practice Award for Excellence in Teaching in Primary Care numerous times. He also has been awarded the Academy of Psychosomatic Medicine Research Award (1993) and the American Psychiatric Association Senior Scholar Health Services Research Award (1999) and the Depression and Bipolar Support Alliance Gerald L. Klerman Senior Investigator Award (2003). He is Editor-in-Chief of General Hospital Psychiatry and is honored by being one of the Web of Science Highly Cited Authors.

Dr. Katon has written over 400 peer-reviewed journal articles and chapters, as well as Panic Disorder in the Medical Setting, a book for primary care physicians. In addition, Dr. Katon and his research team have written a self-help book for depressed patients titled Depression: Self-Care Companion for Better Living.